

Community Resources

Click on the links below to access valuable health care program and event information—including support groups, educational sessions, volunteer opportunities, and more—available throughout the communities we serve.

Hospital-Based Resources

- [Abilene area resources \(Hendrick Health System\)](#)
- [Amarillo area resources \(BSA Health System\)](#)
- [Lubbock area resources \(Covenant Health\)](#)
- [Waco area resources \(Providence Healthcare\)](#)

Advance Life Planning

- [CaringInfo.org](#) – educational information and forms for Living Wills, and Durable Power of Attorney for Health Care for many states
- [State of Texas Advance Directive forms](#)
- [Palliative Care Information](#)

Child & Teen Health

- [Car Seat Resources](#)
- [Children with Special Health Care Needs \(CSHCN\) Services Program](#)
- [Early Childhood Intervention Program](#) – State of Texas support for children with developmental delays
- [Schedule of Recommended Health Checkups](#) for infants, children and adolescents
- [Support for Families with Babies in Neonatal Intensive Care Units \(NICU\)](#)
- [WebMD Teen Channel](#)
- [WebMD Health and Parenting Resources](#)
- [WebMD Child and Teen Fitness](#)
- [Women, Infants and Children \(WIC\) Program](#) – State of Texas program providing nutrition support

Dental Health

- [FreeDentalCare](#) – Online list of free or reduced price dental care providers

Disability Resources

- [Texas Ramp Project](#)
- [Maid Service](#) – nonprofit organization offering free housecleaning to women undergoing treatment for any type of cancer.
- [Personal Care Services](#)
- [Human Arc](#)

Transportation

- [Texas Medicaid and CHIP Transportation Program](#) 1-855-687-4786

Women's Health

- [Healthy Texas Women](#) – Supported by Texas Health and Human Services

Miscellaneous Information & Resources

- [Find a Health Organization](#)
- www.211.org – National directory of support services across the U.S.A. Supported by United Way.
- www.AuntBertha.com – National directory of support services across the U.S.A.
- [Lubbock, Texas Supportive Services](#) – a variety of resources close to Lubbock Texas
- [Easy-to-Read Health Materials](#)