

Welcome to MDLIVE®

Your anytime, anywhere doctor's office



We have teamed up with MDLIVE to provide you with telehealth access to doctors, 24/7. FirstCare Health Plans members can visit a doctor by phone or secure video for no cost.



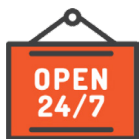
Step 1:

- **Log on to the member portal at MyBSWHealth.com**
 - Go to Insurance and Billing
 - Select FirstCare Health Plans
 - Click 'Virtual Care'
- **OR Download the MDLIVE mobile app**
(MDLIVE.com/mobileapp)
- **OR Call 800.718.5082**

Step 2: Register in about 15 minutes.

Step 3: See a doctor right away or schedule an appointment time that works for you.

Step 4: Start your virtual visit.



Care from **board-certified doctors**, 24/7, including holidays



Online visits are secure and easy by phone or video



Prescriptions sent to your pharmacy when needed

Download the app.
Join for free. Visit a doctor.

MyBSWHealth.com
800.718.5082

Common Conditions Treated

General Health

- Allergies
- Common cold /Flu
- Constipation
- Cough
- Diarrhea
- Ear problems
- Fever
- Headache
- Insect bites
- Nausea/Vomiting
- Pink eye
- Sore throat

Behavioral Health

- Addictions
- Anxiety/Stress
- Bipolar disorders
- Depression
- Eating disorders
- Grief and loss
- Life changes
- Panic disorders
- Parenting issues
- Postpartum depression
- Relationship and marriage issues
- Trauma and PTSD



FirstCare[™]
HEALTH PLANS
PART OF BAYLOR SCOTT & WHITE HEALTH

Download the app.
Join for free. Visit a doctor.

MyBSWHealth.com
800.718.5082