

# Value-Added Services



FirstCare Health Plans is committed to helping you and your family with these Value-Added Services for our STAR members:

- One **“Expecting the Best” packet** per pregnancy for expecting STAR members. The packet includes a pregnancy handbook and other educational materials.
- One **sports physical** each year for STAR members age 19 and younger.
- One **\$15 gift card** per year for new or existing STAR members age 20 and under who get a timely Texas Health Steps checkup.
- One **\$20 gift card** for STAR members who have a follow-up doctor visit within 7 days of discharge from a behavioral health hospital stay.
- One **\$25 gift card** for STAR members diagnosed with anxiety or depression for getting a follow-up doctor visit within 45 days of discharge from a behavioral health stay or emergency room visit.
- One **\$25 gift card** for STAR members who receive timely postpartum visits. Postpartum visits are considered timely if the visit happens within 21 to 56 days after delivery.
- One **\$25 gift card** per year for new or existing STAR members who participate in FirstCare’s Asthma Disease Management program.
- One **\$25 gift card** for STAR members ages 1-17 taking anti-psychotic medications who receive a blood glucose and a cholesterol test.
- One **\$100 gift card** for newborn supplies for pregnant STAR members who receive timely prenatal checkups. Prenatal checkups are considered timely if visits happen in the first trimester, or within 42 days of enrollment with FirstCare.
- **Talk to a Nurse—Nurse 24™**. Access to FirstCare’s nurse advice line. Call 1-855-828-1013 (TTY 7-1-1) for health questions 24 hours a day, 7 days a week.

*Restrictions and limitations apply.*

To find out how you can get these extra STAR benefits, call 1-800-431-7798.



[FirstCare.com/STAR](https://www.firstcare.com/STAR)

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