

Value-Added Services

We are committed to helping you and your family with these benefits and services for our STAR members (effective September 1, 2024). FirstCare members can get these value-added services by visiting FCStarExtraBenefits.novu.com.

- One **\$75 gift card** for newborn supplies for pregnant STAR members who receive timely prenatal checkups. Prenatal checkups are considered timely if visits happen in the first trimester, or within 42 days of enrollment with FirstCare.
- One **\$20 gift card** for members attending a FirstCare Baby Shower and completing a timely prenatal visit during the 1st trimester or within 42 days of enrollment with FirstCare.
- One **\$75 gift card** for STAR members who receive timely postpartum visits. Postpartum visits are considered timely if the visit happens within 21 to 56 days after delivery.
- One **\$20 gift card** for members attending a FirstCare Baby Shower and a timely postpartum visit between 21 to 56 days after delivery.
- Up to **\$500 a year for Extra Dental Services** for Pregnant Women. Pregnant women 21 and older can get up to \$500 a year for dental checkups and extra services through Liberty Dental.
- One **\$25 gift card** per year for new or existing STAR members age 20 and under who get a timely Texas Health Steps checkup.
- One **\$20 gift card** for STAR members who have a follow-up doctor visit within 7 days of discharge from a behavioral health hospital stay.
- One **\$25 gift card** per year for new or existing STAR members who participate in FirstCare's Asthma Disease Management program.
- One **\$20 gift card** per year for new or existing STAR members who participate in FirstCare's Diabetes Disease Management program.
- One **annual eye exam** for STAR adult members through a FirstCare STAR eye care provider.
- Limited to **\$200 for eyewear** beyond the Medicaid program benefits (such as tint, anti-reflective coating, scratch resistance coating, deluxe lens, progressive lenses) for adults (over 21 years of age).
- One **sports physical** each year for members age 19 and younger.
- **Wellness Webinars.** STAR members can access the quarterly wellness webinars through the FirstCare Member Portal.
- Online Wellness and Mental Health Resources available through our website. **Scrubbing In** offers weekly wellness advice, formerly provided through Grow Well™. It will help keep you and your family healthy and at your best in any stage of life. Find a link on the member page at FirstCare.com or download the MyBSWHealth app to read it on your phone.
- **Talk to a Nurse—Nurse 24™.** Access to FirstCare's nurse advice line. Call 1-855-828-1013 (TTY 711) for health questions 24 hours a day, 7 days a week.
- **In-home support** for pregnant STAR members in Care Management for high-risk conditions such as diabetes, hypertension, and severe nausea.
- **Expecting the Best®** Pregnancy Management Program:
 - Early enrollment in service coordination support program
 - Educational smart phone app
 - Planning for delivery, including individual support during and after pregnancy
 - Perinatal and postpartum depression screening during pregnancy and up to one year post delivery
 - Parental education for newborn health
 - Planning for returning to work
- **FirstCare Baby Shower** – New expectant moms receive a diaper bag and other small items for their participation in a FirstCare Baby Shower. The shower includes health facts, community resources, activities, and healthy snacks.
- **FirstCare Baby Safety Education Program** for Postpartum Members.
- One **monthly ride** for members to go to the grocery store, WIC appointments, health education classes, fitness centers, vocational trainings, job interviews, self-help group meetings, places of worship/religious services, pregnancy/birthing classes, newborn classes, CPR/first aid classes, FirstCare Member Advisory Groups, or FirstCare Baby Showers.

Restrictions and limitations apply.

To find out how you can get these extra STAR benefits, visit FirstCare.com/STAR/VAS or call 1-800-431-7798.



FirstCare.com/STAR